

## FAMILY

### BABY, DELIVERY, HOSPITAL STAY CHECKLIST

- Baby car seat
- Baby clothes
- Baby's memory book
- Baby name book if name has not been decided
- Birth plan (prearranged with doctor)
- Bra (nursing or sports type)
- Cameras, extra batteries and accessories
- Cash, small amount for incidentals
- Cell phone charged (get preapproval from hospital)
- Clothes for mother to wear home (comfortable)
- Credit card
- Entertainment (music, DVD's, books, magazines)
- Eyeglasses
- Hair clip
- Hard candy (to keep mouth moist)
- Insurance cards
- Identification
- Labor support aides (pillows, tennis ball, lotion, etc.)
- Lip balm
- Living will copy
- Makeup
- Nightgown and Robe
- Personal hygiene products (see [Travel/Leisure, Personal Hygiene checklist](#))
- Phone numbers of family and friends to call
- Preadmission forms
- Prescription medication (only items preapproved by your doctor)
- Receiving blanket
- Slippers
- Snack (in case mother is hungry before hospital meal is delivered)
- Socks
- Support person - food for support person so they don't have to leave mother-to-be
- Support person - sweater for support person (room may be cold)
- Underwear
- Watch with a second hand (contraction timing)
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