

MEDICAL/FIRST AID

DOCTOR VISIT, ITEMS TO BRING TO A NEW DOCTOR

- Driver's license (for identification)
- Films (X-rays, MRI's, etc. from testing facility)
- Lab and test reports (from previous doctor or testing facility)
- Medicare or other insurance card
- Medications, prescriptions & prescribing doctors
- Medications, Other (herbs, vitamins, aspirin, etc) & prescribing doctors if applicable
- Medical history with dates
 - Illnesses
 - Surgeries
 - Symptoms
 - Hospitalizations
 - Problems, other
 - Immunizations
 - Exams
 - Procedures
 - Tobacco and alcohol use
 - Illegal drugs and prescription drugs (not prescribed to you) use
 - Exercise type and regularity
 - Allergies to medications
 - Religious, cultural or personal beliefs that may affect my treatment options
 - Routine changes (sleeping, eating, a death, etc.)
- Medical history of immediate family with ages (living and at death)